



# Trailblazer

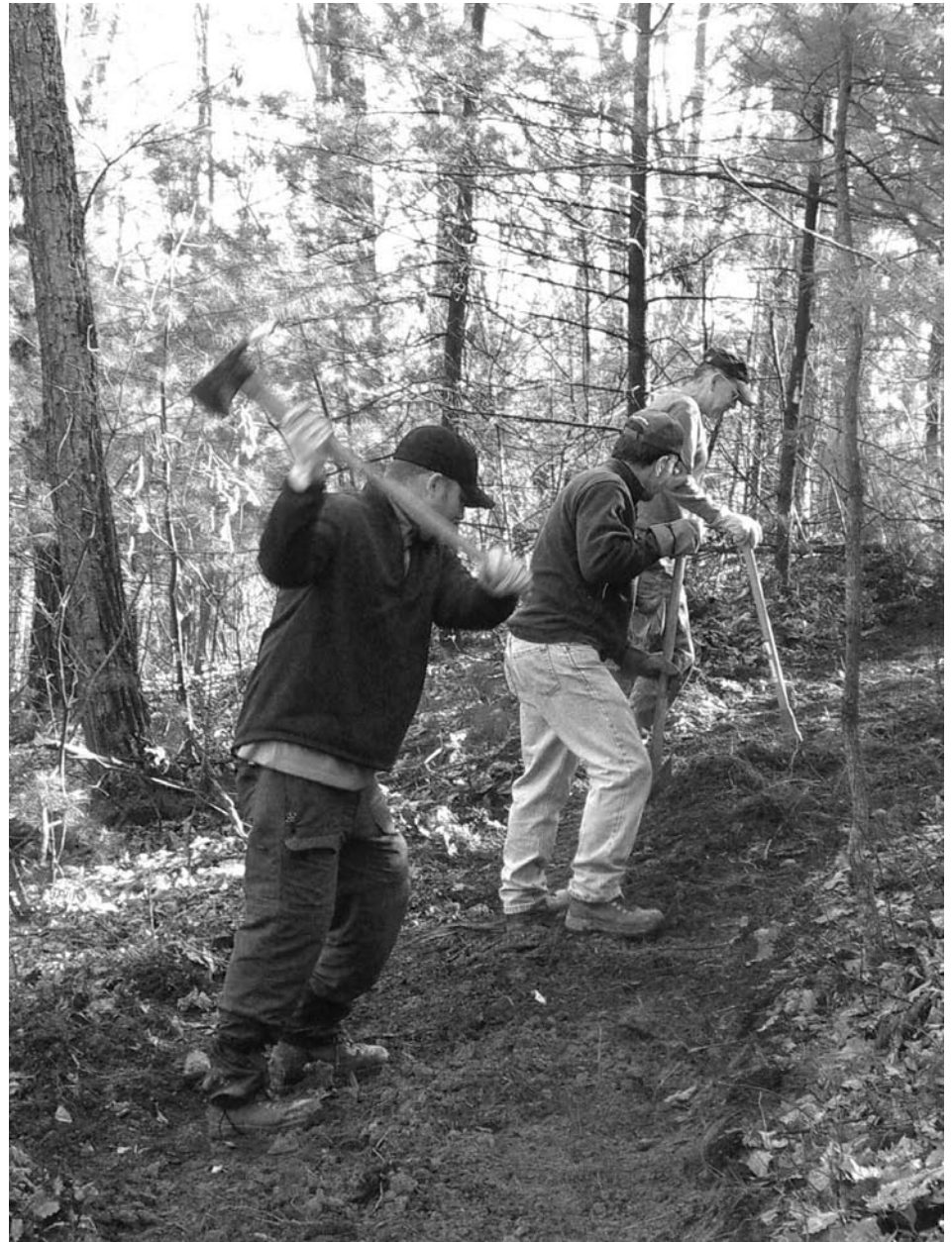


SUMMER 2009 VOLUME 42 NO. 2



## IN THIS ISSUE...

- 2 BTA Bits and Pieces
- 3 Ramblings of a New Trail Maintainer
- 4 Schedule of Hikes & Events
- 4 BTeasers
- 6 The Ten Essentials and Other Gear for Hiking
- 8 Fort Laurens and Zoar Towpath Trail Hike
- 8 Adventure Summit
- 9 A Most Successful Work Park
- 10 Adopters' Corner – Why Do They Do It?
- 11 State Trail Coordinator's Report
- 12 Findley State Park's Annual Winter Hike
- 12 Wright-Patterson Outdoor Recreation Open House
- 13 Highlights of the BTA Board Meeting
- 13 BTA Funds Report
- 14 Welcome New Members!
- 14 Hello BT
- 14 A Description of the Buckeye Trail for the Unfamiliar
- 15 EarthShare
- 16 Bramble #51



## It's Hard Work, But Makes a Better Trail

Maintainer Shane Cooke demonstrates the art of benching at the Scioto Trail Work Party April 15–19. Benching is cutting a trail into the side of a hill; the trail should feel level and still allow the drainage down the hill.

# BTA Bits and Pieces

*Pat Hayes, BTA President*

The Buckeye Trail's 50th Anniversary has started with a flurry of activity. January 10th ushered in the festivities with the BTA Winter Campout and hike at Fort Ancient, followed one week later with the BTA's presence at the Hocking Hills Winter Hike, attended by several thousand hikers. Two days later, on Dr. Martin Luther King Jr. Day, the Buckeye Trail Association was at Hueston Woods State Park hiking around Acton Lake and serving a hot bean soup lunch to those attending.

February 7th was the day of the 29th Annual Findley State Park Winter Hike and bean soup lunch. This hike always draws a good size group. Two weeks later the two day Adventure Summit was held at Wright State University with Ann Bancroft, polar explorer, educator, and lecturer, as featured speaker. This event drew over 5,000 outdoor enthusiasts. Many thanks go to John Rethman for representing the BTA on Friday, John Heater for representing the BTA on Saturday morning, and especially to Melissa Shaw for being there both days.

On March 22nd, I attended the Wright Patterson Air Force Base Outdoor Recreation Open House with the BTA display to spread the word about the Buckeye Trail. This was their second year for the event and it was pretty well attended despite a surprise Base Exercise that had them in lock down for a while.

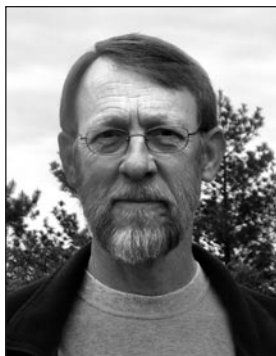
The first BTA work party of the year was held on Monday, March 30th in Henry County on the Miami and Erie Canal towpath near Texas, Ohio. This piece of towpath will help relocate the Buckeye Trail off of local roads and on to something much safer and more scenic. We worked with two school bus loads of high school students from the Pettisville Local Schools who were participating in a "Homebound 2009 Service Day." The students and adult advisors did an excellent job of helping to clear the trail. Five days later the BTA was at Caesar Creek State Park for a two-day work weekend to do trail clean up and re-blazing. On Saturday we were assisted by Boy Scout Troop 131 from Springfield, Ohio. Their troop has worked with the BTA before on the Miami and Erie Canal Towpath.

Ten days later we were at Scioto Trail State Park for a five-day work party to move the BT off of bridle trail and on to something a little less muddy. This was a well-attended event with volunteers from four states in attendance. Over the five days, thirty different people worked at total of 532.25 hours either building, clearing or scouting trail.

As I write this update, I am also attempting to get ready for the first of two BTA backpacking trips this year. This first trip will be in Ohio to help celebrate our 50th Anniversary. We will be hiking about 55 miles in the Stockport and New Straitsville Sections.

The rest of the year looks to be as busy and exciting as the first four months have been with more work parties, more hikes, the Annual Meeting in June, the picnic at the BTA Barn in July, and the backpacking trip to the Adirondacks in September. I hope that every BTA member can participate in some type of event on the trail this year to help us celebrate our fifty years of progress and accomplishments. Spread the word about the BTA—introduce a relative or friend or neighbor to the Buckeye Trail and the beauty and variety of our scenic Ohio.

*Happy 50th Anniversary, Buckeye Trail.*



## Trailblazer

Published Quarterly by the  
Buckeye Trail Association, Inc.  
P.O. Box 254  
Worthington, Ohio 43085  
Circulation: 1,200

**Lisa Daiber**  
Editor

**Mary Hayes**  
Associate Editor

**Darlene Karoly**  
Production

### DEADLINES

Deadlines for submission are  
February 1 for the Spring issue,  
May 1 for the Summer issue,  
August 1 for the Fall issue,  
and November 1 for the Winter issue.

### SUBMISSIONS & ADVERTISING

Address for submissions  
and advertising inquiries:

**Lisa Daiber**  
2369 Suncrest Drive  
Cuyahoga Falls, Ohio 44221  
Phone: 330.928.8931  
Fax: 330.926.9574  
trailblazer@buckeyetrail.org

Disclaimer: The articles and all information in this publication have been prepared with utmost care. However, neither the Buckeye Trail Association nor the Editor can guarantee accuracy or completeness of information. Opinions expressed in the articles, columns and paid advertising are not necessarily those of the BTA.



Trailblazer is printed  
on recycled paper.



## B T A S T A F F

**Dorothy Anson**  
Mail Secretary

**Ruth Brown, Mary Hamilton**  
Annual Meeting

**Josh Gille, John Heater, John Payton,  
Jim Sprague, Jack Watkins**  
Cartography Team

**Kathy Hamilton**  
Grants

**Jay Holwick, Dana Zintek**  
Sales Managers

**Mary Hayes**  
Webmaster

**Thomas Horvath**  
Legal Counsel

**Elmo Layman**  
Scholarship Fund

**Liz McQuaid**  
Staff Coordinator

**Steve Miller**  
Computer Services Coordinator

**Constance Pond**  
Statutory Agent

**Gary Williams**  
Publicity

**William T. Schultz**  
Trail Preservation Fund

**Jim Sprague**  
Maintenance Supervisor

**Beverly Starcher**  
Membership Secretary

## B T A T R A I L C O O R D I N A T O R S

### S T A T E

**Jim Runk**  
**Rick Adamson**  
**Jack Watkins**

### N O R T H E A S T

VACANT

### E A S T C E N T R A L

VACANT

### S O U T H E A S T

VACANT

### S O U T H W E S T

**Jim Runk**

### N O R T H W E S T

**David Stilwell**

### N O R T H C E N T R A L

**Charles Huth**

## B T A B O A R D O F T R U S T E E S 2 0 0 8

### O F F I C E R S

Pat Hayes, President  
Greg Wisniewski, Vice President  
Ruth Brown, Secretary  
Constance Pond, Treasurer

### T R U S T E E S

Russ Johnson, Elmo Layman, Chris McIntyyre,  
Liz McQuaid, Melissa Reed, John Rethman,  
Quincy Robe, Susan Stover, Adrian Vanko,  
Gary Williams, Jeff Yoest

# Ramblings of a New Trail Maintainer

*Darryl R. Smith*

For some time I have been thinking about submitting an article to the *Trailblazer* since becoming a Buckeye Trail Association member at the beginning of 2008. I simply have never gotten around to writing anything until now. Therefore I put pen to paper, or fingers to keyboard, and share a few thoughts that I hope others will find entertaining, or at the very least something to pass a few moments of time.

A little about myself: I am part of the two-man team that now maintains the north and south side loops in the Fort Ancient area, part of the Loveland section of the Buckeye Trail. I also am the organizer of the O-K-I Trailblazers ([www.meetup.com/hike-oki](http://www.meetup.com/hike-oki)), a group of hiking folks based in the Cincinnati, Dayton, and northern Kentucky. I have started a BTA group on Facebook simply as a way to give the Buckeye Trail more exposure, and I am an American Hiking Society member as well as a BTA member.

For 2009 I wanted to accomplish and participate more, including going on more hikes, accumulating more miles and becoming more involved in the hiking world. Thus far this year I have started my own hiking group (previously mentioned), taken over a very small portion of the Buckeye Trail, and as of this writing (May 6th) have logged over 200 miles of trails, so I would definitely say I am more involved with my hiking passion.

Although it is very early in my trail maintainer career I would have to say that for all the wonderful places I have hiked in 2009, making the side trail loops near Fort Ancient more serviceable has probably been the most rewarding aspect thus far. Taking a trail that has some issues and getting it back to a non-issue state is an exciting undertaking. I never knew these side trails existed until I purchased the Buckeye Trail map for the Loveland section and found them described thereon. After several months of owning the map I finally led a group of hikers there late last year and enjoyed a positive experience. The trails were not too hard to follow (although we did get a bit off-course at one point) and they go through a diverse area. I have since led two other hikes there, again with good results and positive feedback for those who walked the trails with me. However, the trails needed some TLC to make them more hiker-friendly, and I was interested in helping to get those trails back in shape.

My interest in becoming a maintainer or adopter derived from several factors: first, Fort Ancient is a beautiful area close to where I live; second, the cultural history that exists in the valley (the Kern Effigies, the Cross Keys Tavern, and the June Morgan Memorial) holds interest for me; and third, the beauty and sounds of the Little Miami River serve as a companion for a large portion of these side trails. As a hike, it provides a good cardio workout as one can make great speed on the BT, and then tackle some moderate hills on the side trails while enjoying the Little Miami River valley.

I had talked to John Rethman and Jim Runk about possibly taking over maintenance of these side trails over the winter, and they both seemed eager to have the help (I would imagine any volunteer assistance is a good thing for the BTA). We were finally able to meet in May and broke into two crews, John and his son Brian tackling some major deadfall on the south loop, while Jim led me and my hiking companion Scott Hamilton (sorry, no -- not the Olympic skater) on the north loop. Jim gave Scott and me great direction regarding blaze placement, removing honeysuckle and the like, how to leave a tunnel for some shade, and ideas about what could be done with the trails in the future. He also provided me with a very handy paint kit. The three of us cleared the north loop, Jim doing yeoman's work with a chainsaw on the deadfall, Scott lopping honeysuckle,

*(continued on page 5)*

# Schedule of Hikes & Events

Always check [www.buckeyetrail.org/events.html](http://www.buckeyetrail.org/events.html) for updates

To commemorate this year's 50th anniversary of the Buckeye Trail, there will be a series of commemorative hikes around the state. Always check [www.buckeyetrail.org/events.html](http://www.buckeyetrail.org/events.html) for last-minute updates.

## JUNE

**June 6 National Trails Day/Go to Blazes Day, BTA 50th Anniversary Commemorative Hike, Loveland Section.** Hike 5.7 miles near Fort Ancient. Hike can be extended to 7.9 miles. We will hike on the BT or bike trail and on white-blazed trails that include the Kern Effigy, "The Sun Serpent" and a ghost town. The white-blazed trail should be hiked in long pants as it has briar, stinging nettle and poison ivy and hills.

Directions: From I-71 take exit 32 SR-123. Go SE a short distance turn left on SR-350. Turn right in the first parking lot across the Little Miami River.

Contact: John Rethman, [ilovehiking3@embarqmail.com](mailto:ilovehiking3@embarqmail.com), 513-398-9527.

**June 6 BTA Presentation Geauga Park District.** Celebrate BTA's 50th Anniversary with a presentation by Patti Cook at the Geauga Park District. 2:00-3:30 pm at the Meyer Center, Big Creek Park. The address is 9160 Robinson Rd., Chardon. There will be a presentation and Q&A about the Buckeye Trail followed by a short hike within the park.

Contact: Patti Cook, [pcookburton@hotmail.com](mailto:pcookburton@hotmail.com).

**June 6 National Trails Day, Go to Blazes Day.** Participate in a hike on the BTA anywhere around the state.

**June 12-14 BTA 50th Anniversary Annual Meeting, Camp McPherson, Knox County.** Registration: 4:00 p.m. at Camp McPherson near Danville on Friday. The Annual Meeting will take place at 9:00 a.m.

on Sunday June 14. Guest speakers, hiking and other outdoor activities, music, and awards will take place over the three days. See detailed information in this issue.

**June 27-28 Maintenance Weekend at Shawnee.** Contact: Rick Adamson, [rmadamson@earthlink.net](mailto:rmadamson@earthlink.net).

## JULY

**July 11 BTA Annual Picnic.** Our annual picnic at the BTA Barn on Tappan Lake.  
Contact: Mary Hamilton, [oldbag@wilkshire.net](mailto:oldbag@wilkshire.net).

**July 11 NE Ohio Group Hike – Frohing Meadows.** Meet Saturday at 9:00 am at Frohing Meadows Park, one of Geauga County Metroparks newest parks, just east of Chagrin Falls.

Directions: From the west: Exit I-271 at Chagrin Blvd. Take Chagrin Blvd east to Chagrin Falls. Go through downtown and pick up Washington St. at the traffic light at the far end of town. Turn left and take Washington St. east to Savage Rd., about 2 miles. Go right on Savage Rd. to the park, about 1/3 mile on the right.

From the east: Take SR-306 to Washington St. and go west on to Savage Rd (about 1 mile) and turn left. Park is 1/3 mile on the right. Bring a covered dish for a potluck in the new pavilion.

Contact: Jan Geho, 440-256-8284.

**July 18 BTA 50th Anniversary Commemorative Hike, Mogadore Section.** Meet at 10:00 am at point 9, West Branch State Park Rock Springs Rd. parking lot.

Hike is 8.3 miles around west end of the park. This hike is strenuous, mostly off-road and hilly. There are several streams to cross so waterproof boots are recommended. Bring

your own lunch. Hike takes approximately 4 hrs. Please contact me if you plan to attend this hike.

Contact: Matthew Funk, [trailblazermatt@yahoo.com](mailto:trailblazermatt@yahoo.com), 330-310-9022.

## AUGUST

**August 8 NE Ohio Group Hike, Everett Road Covered Bridge Area.** Meet Saturday, 9:00 am Everett Rd. Covered Bridge Parking area. We'll carpool to the start, and hike 5 scenic, downhill miles on BT. Lunch is at a nearby restaurant.

Directions: From SR-303 in Peninsula, go south on Riverview Rd. for about 3 miles to Everett Rd. Turn right (west) for about a 0.5 mile to Everett Rd. Covered Bridge parking area on the left.

Contact: Phyllis Devlin, [pm61bd@yahoo.com](mailto:pm61bd@yahoo.com), 330-864-8872.

**August 22-23 BTA Board Retreat at the BTA Barn.**

Contact: Pat Hayes, [president@buckeyetrail.org](mailto:president@buckeyetrail.org).

**August 29-September 2 BTA Work Party in the Medina Section at Findley State Park.** *Sorry no Chuck Wagon.*

Contact: Rick Adamson, [rmadamson@earthlink.net](mailto:rmadamson@earthlink.net).

## SEPTEMBER

**September 12 Ohio Erie Canal Towpath at Cuyahoga Heights.** Meet Saturday at 10:00 am at Cleveland Metroparks Canalways Visitors Center, on E. 49th St., Cuyahoga Heights. The hike is 5 miles on the historic Ohio-Erie Canal Towpath. We'll go "up and over" two overpass bridges, so bring a camera for dramatic photos. Lunch is in a local restaurant.

Directions: As you drive north, Canal Rd. becomes 49th St. in Cuyahoga Hts.

Contact: Please make a RESERVATION: Jones, [lynnandandy@windstream.net](mailto:lynnandandy@windstream.net), 330-467-4338.

**September 12-19 MAC Trip to the Adirondacks in NY.** This backpacking trip is on the Northville-Placid Trail from Lake Durant SR-28/30 to Lake Placid and is about 53 miles. Maps and hiking guide are available through Adirondack Mountain Club (AMC) 518-668-4447 and cost \$19.95.

## BTA Barn Directions

Take I-77 south to US-250 east (just south of New Philadelphia). Follow US-250 past Tappan Dam almost to the end of the lake. There is a causeway with a sign that reads "Tappan Lake Park". Turn right (this road also takes you to Deersville). Approximately 3.1 miles from the US-250 turnoff is Beall Rd. on the right. Follow this dead-end road 1.3 mi. It ends at the BTA Barn down a long gravel driveway.

Remember the house side of the driveway is absolutely and strictly off-limits. It is a private residence so please respect their wishes and stay on our side of the driveway and please do not block any roads.

Contact: Russ Johnson, [oparus1@msn.com](mailto:oparus1@msn.com), 330-666-3409

Deadline: Send \$25.00 for camping fees by July 12 to reserve.

(Alternate: If you are not happy with my plans, the AMC has many maps and guides. You can plan your own trip.) One BTA member wants to base camp and day hike. Is anyone else interested? Only 8 people per group can camp together in this area. I have 6 hikers signed up now. If we get more, we can have that group start at our end.

Contact: John Rethman, ilovehiking3@embarqmail.com, 513-398-9527.

## OCTOBER

**October 10 BTA 50th Anniversary Commemorative Hike, New Straitsville Section.** Meet Saturday at 10:00 am at Boat Dock #3. This will be a 6-mile loop hike from Point #6 (Burr Oak State Park Boat Dock #3) to Point #9. We will return to Point #6 on the Bee Line Trail. The trail between Points 6 and 10 is dedicated as the Robert and Mary Lou Paton Trail for their enormous contribution to hiking in Ohio. They were charter members of the BTA. The Trail passes several rock shelters including the Buckeye Cave.

Directions: Boat dock #3 is located off SR 78 between the towns of Glouster and McConnelsville. Burr Oak State Park has a sign at turn off.

Contact: Please contact me if you plan on attending this hike. Jay Holwick, jholwick@columbus.rr.com, 740-743-3813

**October 14-18 BTA Work Party at AEP. \*BTA Chuck Wagon Event\***

Contact: Rick Adamson, rmadamson@earthlink.net.

**October 17 BTA 50th Anniversary Commemorative Hike, Shawnee Section.** Meet at 10:00 am at the campground office off S.R. 125. 7-mile hike – 3.5 miles of the hike on the BT. It will be in conjunction with the State Parks Fall Hike at Shawnee State Park. The state will run a shuttle from 8:00-11:00 am. At our halfway point, Turkey Creek Lake, we will be offered apple butter and drinks. The terminus of the hike we will at the campground. A bean dinner with music will be available after 6:00 p.m. The campground will be crowded but not full. It will be a great way to celebrate our anniversary and the fall colors on the BT; the trail crews have spent a lot of time improving trails.

Contact John Rethman, ilovehiking3@embarqmail.com, 513-398-9527.

**October 24-25 BTA Maintenance Weekend, Burr Oak State Park, New Straitsville Section.**

Contact: Rick Adamson, rmadamson@earthlink.net.

## Chuckwagon Reservations

For meal reservations for the chuckwagon at work parties (where available), call Herb or Susie Hulls at:

Hulls Chuck Wagon  
740-585-2603  
hulls@frogn.net

## NOVEMBER

**November 7 BTA Maintenance Weekend, East Fork State Park, Williamsburg Section**

Contact: Rick Adamson, rmadamson@earthlink.net.

## DECEMBER

**December 12 BTA Board Meeting at Command Alcon.** Saturday 10:00 am.

Contact: Pat Hayes, president@buckeyetrail.org.

## BTeasers

Pat Hayes

**Q** Who was appointed as the first BTA Chaplin and when?

**A** At the eleventh Annual BTA meeting, April 25, 1970, a motion was made and passed to appoint James C. Kimmich of Akron as the first BTA Chaplin. *Trailblazer* Volume 3, Number 3, July 1970.

## Ramblings of a New Trail Maintainer

(continued from page 3)

and I clearing cuttings, refreshing blazes and creating a few new blazes along the way. The three or four hours of work we put in made a dramatic difference in the appearance and accessibility of the trail, and hopefully hikers will enjoy this nice side trail.

I do have some ideas to make these trails even more accessible to anyone who wants to enjoy this area, an area that is rich in history. There are some areas where the trails could use some benching, and some stream crossings that also need some attention (mostly grading and stepping stones added). Long term, I would like to place some native plants in sections along the side trails, something that could help resist the honeysuckle growth while adding to the natural experience of this hike. I also am going to work on a trail brochure to leave at local outfitters in an effort to bring more folks to this area, to enjoy what I have recently discovered (thanks to the BTA) and enjoyed.

*See you on the trail, hopefully the side trails near Fort Ancient!*



# The Ten Essentials and Other Gear for Hiking

Revisited by Darryl R. Smith

The “Ten Essentials” is a list of items that can save your life in the event of an outdoor emergency. You probably don’t need these items on an urban walk but you are strongly urged to carry them with you on any backcountry outing. Consider the Ten Essentials as an insurance policy against the unexpected. You will not use these items on every trip but at some point during your hiking career you will be glad you have them along.

One could argue the ten essentials based on need. I have yet to use my pocketknife on a hike, but certainly have found having extra socks and my water filter to be a godsend.

## THE BASIC TEN ESSENTIALS

1. Map – a topo map of the area to be hiked, and knowledge on how to read it
2. Compass
3. Flashlight/headlamp (be sure to have an extra set of batteries that fit your flashlight/headlamp)
4. Extra food (enough for one extra day)
5. Extra clothing (on spring or fall hikes having a fleece top might come in handy)
6. Rain gear (jacket and pants – I always carry my rain jacket even if the sun is out)
7. First aid supplies (be sure to include an extra day of any medication you are taking or might need in an emergency)
8. Pocketknife
9. Matches (waterproof matches stored in a watertight container) or a butane lighter
10. Fire starter (can be candles or a chemical fire starter)

## OTHER “ESSENTIALS”—THINGS TO CONSIDER

11. Space blanket (used as windbreaker, heat reflector, signaling device)
12. Sunglasses – I don’t use these, but you might find them useful
13. Toilet paper and a trowel
14. Extra socks
15. Head covering (for rain/warmth)
16. Duct tape – good for repairs and for wrapping sprains
17. Insect repellent – in Ohio this is a must in the warmer weather
18. Iodine tablets or water filter (carry extra water if water location is a potential problem)
19. Trash bag
20. “In case of emergency” card (list name and number to call in an emergency, medications, medical conditions and whether or not you are a contact lenses wearer). You may want to pack your driver’s license and insurance card in a plastic bag for protection.
21. A handkerchief – excellent for wiping sweat or cobwebs from one’s brow
22. A GPS unit
23. A cell phone (used for emergencies)

## CLOTHING

**Hats (Summer)** – I see a lot of folks wearing hats in the summer, which is good to prevent ticks from digging into one’s scalp or to keep sweat from one’s eyes, but most hats I see are cotton hats. Rule #1 – Cotton Kills (this will be a recurring theme). Thirty percent of your body heat comes out through the pores in your head. Cotton traps heat and moisture, not allowing the body to cool properly in the heat, and cotton is a very slow drying material (go through some jeans in the dryer and you’ll see what I mean). You have two choices, go hatless or buy a hat that is not made from cotton. I have a Nike training cap that works great, cheaply purchased at TJ Maxx. It is made from 100% polyester and dries very quickly. I would rather not hike with a hat at all, but that whole tick thing freaks me out, so most of the hike I wear one, taking it off when going through prairies or when I get a bit hot.

**Hats (Winter)** – When it’s cold, one can get away with wearing cotton hats to help keep warm. However, if you are planning to hike in wet conditions (snow or sleet) then cotton is a killer as once wet it allows cold to go right through. Have a beanie available, a non-cotton one, just in case.

**Shirts (Summer)** – Again, Cotton Kills! I see a lot of folks who show up in their 100% cotton t-shirts, proudly displaying some vacation destination or other important hot topic. But folks, for the same reasons as above, cotton t-shirts are taboo in the warm-weather hiking world. I used to wear cotton tees all the time, and wondered why they were so drenched that I could wring them out after a hot hike (or why my body felt like it was on fire). It’s because all the heat and sweat was trapped against my skin. The goal is to find shirts that are non-cotton that will wick away the moisture and dry quickly. I have a variety of shirts, the cheapest being some plain tees purchased from Campmor. They are 85% polyester and 15% cotton, and certainly move the sweat and heat away from my body. They will wear out fairly quickly though, but for the price they are pretty cost-effective. There are several companies who make wicking shirts; I have some Mountain Hardware tees that are a bit more durable than the Campmor brand (I really like the Mountain Hardware product line—their shirts do perform). Really most athletic tops should function about the same, just keep the cotton content minimal.

**Shirts (Winter)** – Layers are the key here. If you aren’t going to work up a sweat, then cotton is “okay,” however I find it best to still stay with the non-cotton gear. I have hiked in single-degree temps with two non-cotton t-shirts and a fleece jacket, and found myself quite warm. Base layers made by companies such as Patagonia and Mountain Hardware can be on the expensive side, but they do last and simply put—they work. I have found some good deals on Sierra Outpost for some Wickers shirts that are functional. And remember that fleece is your wintertime friend. It stays warm even when wet, doesn’t hold moisture, and breathes rather well.

**Undergarments** – While this might be topic of personal choice, cotton undergarments still trap heat and moisture which can

lead to rashes and other irritations. Non-cotton undergarments move moisture away from the skin, keeping our sensitive areas rash-free. For the winter I have some Wickers long underwear that keep me warm under just a pair of hiking pants.

**Pants (Summer)** – When I see folks wearing jeans, I cringe. You are practically begging your body to overheat while hiking in jeans (Cotton Kills). Move toward non-cotton sport shorts or converter pants. Converter pants can be a bit pricey, but are great for spring and fall when you don't know how warm or cold the day might turn out to be. Simply zip on or off the legs as the temperature dictates.

**Pants (Winter)** – One can get away with wearing cotton in the winter, just make sure you stay dry while doing so, but if wet conditions are the flavor of the day, stay away from cotton. Fleece or other synthetic bottoms work well for snow, rain, and sleet as they dry quickly and help keep you warm.

**Socks** – Here is another place where I cringe and shake my head...I constantly see folks showing up for hikes wearing cotton socks. Because of the moisture issue, you are far more prone to developing blisters wearing cotton. Go out and spend a few extra bucks and purchase hiking socks. Most are made from blends of wool and polyester. Yes, I said wool for summer! Wool wicks away moisture, keeping your feet cooler and reducing the chances for blisters. And if you are prone to blisters anyway, I would recommend buying sock liners, which are simply a thin inner sock you wear under your hiking socks. This way the liner stays tight against your foot, while your boot rubs your hiking sock, which prevents blisters since the hiking sock is not rubbing directly against your foot but against the liner instead. There are several brands of socks to choose from, all of which are fairly good. I have used Columbia, Wigwam, Bridgedale, and SmartWool socks, and I have to say my SmartWool Adrenalines are my favorites. Hiking socks come in varying thicknesses, so find ones that work well for your feet and boots.

**Boots** – Another cringing point...if one is walking on sidewalks or paved paths, then of course tennis shoes are just fine, but I see folks showing up in their white sneakers for hiking in the woods. Admittedly hiking boots can be expensive, but your feet are the single most important area of your body that you need to take care of for hiking, so invest some money here to save your feet some anguish. There are a plethora of boots out there to choose from; here are some things to consider when looking for a pair:

1. If you hike a lot your feet will get bigger, so buy a half-size larger than what feels comfortable. You'll need a larger size anyway when wearing the thicker wool socks. I take socks with me when trying on boots, just to get the right fit.
2. Your heel should be snug (but not tight), but the toe box should have plenty of room. You'll understand why when descending long hills and your toes are smashed against your boot. Another reason for the half-size larger, preventing toe smashing is a good thing!
3. Decide on what type of hiker you are. If you only go on nice sunny days with no possibility of stream crossings, then a non-waterproof boot (which is less expensive than their waterproof cousins) might be an option. However, I have seen even the dry streams at East Fork Lake have 6-8" of water flowing in the spring, so I recommend waterproof boots for most trails.

4. Do you have strong or weak ankles? Strong ankles do not need the support of a mid or high boot, weak ankles do. I wear a mid to support my ankles (injured both ankles playing college ball) but the mid height also allows me to cross deeper streams without getting my feet wet, and wet feet can lead to blisters.
5. Weight – For day hiking, stay light. You do not need some heavy-duty 100% leather upper trail blazing shoe for most of the hikes we do. My first "real" hiking boots were a pair of off-trail backpacking types (Hi-Tec Ridge), but now I have "downgraded" to a lighter day hiking boot (Merrell Moab and more recently Keen Targhee II) and my feet love me for it.

## GEAR

**Water Systems** – Another reason to cringe...water. I see so many hikers show up to hikes with little or no water. I mean come on; do you really think that 16.9 ounces of water is enough for a two- to three-hour hike in 80-degree heat? Anytime of the year water is a necessity, and having enough is a part of having an enjoyable hike. My advice? Invest in a water hydration system such as a CamelBak (or similar type) pack. These can run in either 70 or 100 ounce sizes, which is a heck of a lot more liquid than that little bottle of Ice Mountain or Dasani water you are carrying! I use the 100-ounce size, and still carry extra water or an electrolyte drink on longer hikes. Some of these packs have room for extra gear (I have a CamelBak Rim Runner that allows me to carry over 1400 cubic inches of gear with me), while some are just the hydration bladder in a small pack. The off-brands one can find at Wal-Mart and other places will work, but the bite valve on these types is not as comfortable or functional as the CamelBak. I have also heard that the MSR brand of water bladders is very durable.

**Trekking Poles** – Until my first hike at Red River Gorge, I never gave trekking poles much thought. However, after the pounding my legs took and the screaming agony my knees were left in, I went out and bought a pair and have used them most hikes since. Trekking poles reduce the pounding on your knees 15-40% and can make your hiking experience much more enjoyable. Do you need a pair? For trails like the Rough Trail at Red River or the day hike trail at Shawnee State Forest, then definitely yes. My legs feel great after using them and my arms are getting a bit of a workout as well. There are again several brands out there. I have a pair of Lekis, and Komperdell and Black Diamond make quality poles as well. If you are unsure about trekking poles, you can buy a pair of cheap ones at Wal-Mart (Swiss Gear) just to see if you like them, but if you decide that trekking poles are your thing, invest some money in a good pair.

## FINAL THOUGHTS

Having the correct gear and carrying the Ten Essentials on a hike will have you worrying less and enjoying the hike more. Being prepared and knowledgeable enhances your trail experience and gives you confidence in your abilities to deal with backcountry situations. Most of all, common sense should dictate your hiking gear. Hot day? Carry more water or know where a water source is along the trail. Cold day? Get those layers going and you'll stay warmer than you think. Like many of you, hiking is a passion, one that I want to enjoy for years to come, and having the right gear and the right level of preparedness should allow me to keep hiking for many years.



## Fort Laurens and Zoar Towpath Trail Hike

On April 4, eight stalwarts of the BTA met at historic Fort Laurens and hiked to Zoar. We crossed over the very new people/horse bridge that has been built to cross I-77 just south of the fort. The trail continues to be upgraded; the old railroad bridge over the Tuscarawas River has an updated deck on it. Storyboards adorn various locks. The level towpath makes for an easy stroll—a hiker can walk the whole day, stopping at sign after sign and marveling at history. The crisply cool and sunny spring day the Northeast BTA Group had for our hike, made for ideal conditions.



*Vanna White—no Melissa Shaw*

## Adventure Summit

Attached are some photos from the February 20-21, 2009 Adventure Summit held at Wright State University. The event drew over 5000 outdoor enthusiasts from all over the midwest. The two-day expo features presentations by world famous explorers and adventures as well as demonstrations and clinics by experts in areas such as snowboarding, skiing, cycling, kayaking, climbing, and others. Photo by Pat Hayes.



*John Rethman manning the BTA display*



# A Most Successful Work Party

Pat Hayes

We had an excellent work party at Scioto Trail State Park April 15–19. We were supposed to camp at the old airport, but due to logging activity it was so muddy at the airport, we moved to the park campground.

We started work on Wednesday with 15 volunteers moving the trail off the bridle path and onto higher and dryer ground. On Thursday, 18 people worked on the BT while Bill Schultz and I drove to Pike Lake to see if we could find the area of the Trail that had been obliterated by logging the previous year. Friday and Saturday both had 23 people working to build new trail. We finished out the week on Sunday with 19 people and we ended up completing more work than originally planned. We had a total of 30 different volunteers from Ohio, Michigan, Pennsylvania and Kentucky working over 532 hours to build and blaze over 4700 feet of new trail.

We gained a new Scioto Trail maintainer in Shane Cooke. After helping to build the new trail, and with some instruction from master blazer Susie Hulls, he blazed the new trail.

The only discouraging incident that took place was finding fresh horse hoof prints on one of the new “Foot Traffic Only” stretches of trail. In defense of the riders though, we had not yet put the “Foot Traffic Only” decals on all the Carsonite posts.

We were well fed again by Herb and Susie Hulls turning out excellent meals from the BTA Chuckwagon and we were clean at the end of the day due to the portable hot shower.

*Tinsel the Weimaraner staying dry. He wasn't much help, but he was fun and enjoyed himself.*



*Tired Trail Crew warms up with stories after dinner.*



# Adopters' Corner – Why Do They Do It?

Jim Sprague, Maintenance Supervisor

After some constructive remarks about the routing of the BT in the northwest portion of the state, a hiker remarked, "Thank you for volunteering your time to make the Buckeye Trail a great adventure for folks like me." – *L.J.W., 5/9/2009*

After a couple of comments about the poor condition of the BT at a particular location, a hiker added, "Other than that, I have generally thoroughly enjoyed the hiking thus far." – *K.F., 5/3/2009*

These are a couple of very good reasons that show why people continue to volunteer their valuable time and resources to maintain the trail.

In the March issue of the *Trailblazer*, I reported the names of 51 people whose volunteer time on the trail during 2008 had been received in time for the March issue. In this issue, I am adding another 19 names and updating volunteer time for two people. Together, the two lists comprise the Heroes of the Buckeye Trail for 2008!

I must apologize to all, particularly the two updates, because the system swallowed their records temporarily. Yes, even in our little band of dedicated volunteers, bureaucracy does raise its head.

NAME	VISITS	TIME WORKED	TOTAL TIME	TRAVEL MILES
Jack Brennen	9	43.75	75.00	
Bob Merkle	12	56.25	96.50	1580
Jay Abercrombie	10	28.25	33.40	125
Deven Atkinson	7	10.90	15.61	192
Henry Atkinson	3	7.10	12.08	60
Mel Beers			60.00	260
Sean Brennen	1	3.25	6.25	
Kyle Carter	1	1.25	2.08	
Judy Clinebell	3	12.50	21.50	420
Patti Cook	11	12.67	15.63	102
Sue Doolittle	2		8.00	
Bill Doolittle	5		24.00	85
Ray Ferrell	1	2.83	3.50	
Jan Geho			20.00	42
Daniel Givens	12	44.50	48.34	36
Louisa Kreider			16.00	80
Scott Pendleton	7	18.07	23.58	255
Gregg Starcher	1	3.42	4.08	
Paul Starcher	1	1.25	2.08	
Dave Starke			4.00	20
Heidi Starke			4.00	
<b>TOTALS</b>	<b>70</b>	<b>376</b>	<b>1179.83</b>	<b>13838</b>

Bob Merkle is arguably the most dedicated of the trail volunteers. While living in Columbus, he volunteers in two Sections – Old Mans Cave and Scioto Trails That requires that he drive long distances each time that he does maintenance. And he made 12

visits to his trail segments last year. As a consequence, his travel distance is the highest reported during 2008 by far. If you do some quick arithmetic, you will see that his total time away from home each workday is about 8 hours for not quite 6 hours of trail work. Fortunately, Bob is gregarious and takes a friend, Jack Brennan, along to help. And on one occasion, Jack brought along his grandson Sean Brennen. Sharing of the travel experience as they did makes the long travel time seem shorter. Certainly, it does save a lot in gasoline consumption.

For many hikers, the hiking season never ends. Hence, it does not have a definite beginning. Regardless, I think everybody agrees that the hiking season is in full swing now. And that definitely means that BT volunteers are on the move. While you are out on your trail segment, if you find problems that are beyond your ability, either of time or skills, please call for help. Use info @buckeyetrail.org

*Enjoy your time on the Buckeye Trail!*

## Maintainer's Log

The BTA web site has a Maintainer's web page. It has some basic info about maintaining, requests volunteers, and has a download for the maintainer's annual log.

<http://www.buckeyetrail.org/maintainers.html>



## Discount on Blaze Paint

**WHAT** Either Sweeping Blue 2408 or Yuma Green 2090 or brushes or scrapers

**WHERE?** Any Sherwin-Williams store in Ohio

**HOW?** Mention BTA Account No. 9321-7886-6. You pay, then turn in receipts to get reimbursed

**REALLY?** 25% Discount and you pay no tax

# State Trail Coordinator's Report

*Rick Adamson, State Trail Coordinator*

This past March 30th we had an unscheduled work party constructing new off-road trail along the old abandoned Miami and Erie Canal towpath with about 58 high school students and 5 teachers from Pettisville High School. The same high school assisted us two years ago along the same towpath with about 75 students. This time we constructed about 3/4-mile of new trail on the towpath east of Napoleon with help from the Renegade Chapter of the Buckeye Trail Association.

Our first official outing with the Trail Crew was at Caesar Creek State Park where BTA had many complaints of hikers getting lost. We doubled—and in some places tripled—the blue blazes using a gallon of paint. There were three paint crews at different segments. The last day there six trail crew members assisted the Army Corps of Engineers in putting down about five tons of gravel on top of geotech material on a very wet portion of the Buckeye Trail that drains from a blacktop parking area. We also did a day's maintenance work with Boy Scout Troop 131 from Springfield. They were into it and enjoyed themselves; some even ran back to the work site after lunch. They also diverted water flow away from the trail. This same scout troop assisted us on the Miami and Erie Canal towpath in northwest Ohio a few years ago.

The second scheduled BTA Work Party was at Scioto Trail State Forest where we constructed about 2,800 feet of new trail. Actually we moved the BT from a shared equestrian and hiking trail, to a foot trail-only segment. We had so many good qualified people we did it in three days. Finding more work was easy. We moved about 2,000 feet of trail away from another shared trail to hiking-only. With all the good qualified volunteers, we were able to go to a third location that needed some trail maintenance. Herb Hulls and Earl Garn worked together the whole time. Not only did they do all the chain-sawing for the new Trails but went above and beyond by removing a total of about 200 trees from the new Trail, but even found energy to work on the current Trail.

Richard Lutz came to assist us from Pennsylvania; CW Spencer, a long-time hiker and BTA member came in from Kentucky; and Amy Fyn and Erich Drescher arrived from Michigan to lend a hand. We also had another long-time hiker, Diane Abney, make her first Work Party and we gained a new trail adopter in Shane Cooke for the segment we just constructed. Shane works for American Electric Power Company and reports he enjoyed himself tremendously and is looking forward to his next outing with the Trail Crew.

We, BTA's Trail Crew, will be returning there, possibly as soon as next year, to do more moving of the Buckeye Trail to get away from wet and muddy equestrian and hiking trails and onto our own hiking-only segment. This was an extremely successful work party with up to 23 volunteers working for several days—because of the number of volunteers we almost ran out of work! The Scioto Trail Section Supervisor, Deven Atkinson, was there as well as the newly “hired” adopter for that segment we just completed. What a successful turnout. Herb and Susie Hulls were very successful chefs: we ate heartily for free from the BTA Chuck Wagon. We had to move our camp location from the grassy airstrip at the old airport to the Scioto Trail campground; the airstrip had been used as a staging area for logging operations in the Scioto Trail State Forest and it was just too muddy to be used as a campsite. A sign was put up with our new camping location and everybody made it to the campground without so much as a grumble.

Andrew Cook, youngest son of Patti Cook from Burton, was on spring break so he decided to join his mom and help out. He did such a terrific job of benching for several days we decided to award him a BTA hat. Success is the name of the game when you have a lot of volunteers. Thanks to all who participated. It was truly a most successful and fun week. We even had ice cream two evenings in a row.

There was a meeting with the Paulding County Commissioners on March 4 about all our work in Paulding County. March 5 was a meeting with the Wilds of Ohio to move the BT through their 9,000+ acres; they also have a campground for use by thru-hikers. The Henry County Park Board will write a grant for another fiberglass bridge that will span a deep ravine and be about 60 feet long; this will link up two segments of the BT through Henry County. Things are coming together very nicely there thanks to the Henry County Park Board and the Renegade Chapter of the BTA.

I had a meeting with Dan West, chief of Ohio State Parks, in Delphos April 3rd. We discussed his added responsibilities in taking over the management of all canal corridors in Ohio from the Division of Water. He was brought up to date on our efforts along the Miami and Erie Canal towpath corridor.

I had an exploratory meeting at West Branch State Park with another to follow about routing the Buckeye Trail around the lake with the possibility of at least one and maybe two Adirondack-type shelters.



## Findley State Park's Annual Winter Hike

An yearly celebration of winter, the Winter Hike co-hosted by BTA and Findley State Park was a grand success. February 7's hike was sunny, cold enough to keep a hiker moving, and with enough snow to keep the exercise level—and therefore your body heat—high. Friends of Findley State Park served Ohio's best bean soup and cornbread after the hike, perfect complements to continue conversation. The day was a wonderful way to enjoy the beauty of Ohio's winter.



## Wright-Patterson Outdoor Recreation Open House

Pat Hayes points out a Buckeye Trail location to a base civilian employee. The Wright-Patterson Outdoor Recreation Open House was held March 27, 2009. This was the second year for the event and they have already invited the BTA back next year.

# Highlights of the BTA Board Meeting, March 7, 2009

## **MAINTENANCE – JIM SPRAGUE**

Garry Dill now has the title of Maintaining Coordinator. He is in the process of redoing the hierarchy of Section Supervisors and Maintainers.

## **PUBLICITY – GARY WILLIAMS**

Gary stated that he is in the process of publicity for the 50th Anniversary. He will put a generic press release on the web site that can be used for local daily or weekly newspapers.

## **BTA WEB PAGE – MARY HAYES**

The trail alert page on the web site now links directly to the Section by Section page.

## **BTA INFORMATION REQUESTS**

The BTA was included on the Ohio Magazine Reading Response Service cards where people could request information on the BTA. Cards have been received in response to this. It was decided that a BTA Brochure, a Volunteer Brochure, and a copy of the store order sheet will be sent to the people who had requested information.

## **Moved or Moving? Send the BTA Your Change of Address!!**

The *Trailblazer* will NOT be forwarded to your new address  
AND the BTA incurs 70¢ charge for each  
undeliverable *Trailblazer*.

Mailing labels are printed 3 weeks before the *Trailblazers* are mailed, so send in your change of address right away!

*Buckeye Trail Association, Inc.,  
P.O. Box 254, Worthington, Ohio 43085*

## **BTA Funds Report**

### **TRAIL PRESERVATION FUND FEBRUARY–APRIL 2009**

You might like to pledge a few cents for every hour the Trail Crew works each year. Last year, the Trail Crew worked more than 3000 hours; thus a pledge of \$.05 per hour would mean a donation of \$150. You can also solicit local businesses because these donations are tax-exempt and we mention their name in the *Trailblazer*. Your contribution to the Buckeye Trail Preservation Fund (a 501(c)(3) organization) is tax deductible. All contributions of \$20 or more are acknowledged for tax purposes. We hope to include your name in the list of contributors in the *Trailblazer*.

*The following persons recently made donations to the Trail Preservation Fund.*

Scott Pendleton

Mr. and Mrs. Amstadt

G. Ross Long

Karl Feller

James Runk

Ray and Holly Henry

Ronald Wolford

Donald Desch

Philip Potter

Connie Pond in memory of Kaye Pfeiffer

*The following donations to the Trail Preservation Fund were sent in memory of Joy Hintz (1926–2009)*

Mary and John Vimmerstedt

Dr. Susan Carty

Arnold and Nancy Chonko

Philip Harner

John Kern

Mr. and Mrs. Kamph

Howard W. Hintz

Allen Schultz

### **GENERAL FUND JANUARY–MARCH 2009**

Brent & Amy Anslinger

Susan Belden

Kevin & Mary Jo Bowman

Mark Frey

Robert & Sharon Fritschie

GE Foundation/John Elms

Scott and Donna Pendleton



## Hello BT

Front row L-R: Peggy Kreider, Melissa Shaw, Jacob Kreider, Dave Baker, C.W. Spencer, and Harold Koutz. Back row L-R: Chris McIntyre, John Rethman, Pat Hayes, and Jim Gilkey.

## A Description of the Buckeye Trail for the Unfamiliar . . .

*An excerpt of a story by Steve Stephens, The Columbus Dispatch, printed April 26, 2009*

Finding the Buckeye Trail has never been a problem. Everywhere I go in the Buckeye State, I seem to stumble across the blue blazes marking its 1,440-mile path. Describing the trail, though, is more difficult.

### IS IT RUGGED?

Yes.

### IS IT EASY?

Yes.

### WILD?

Check.

### TAME?

That, too.

With the Buckeye Trail around, travelers have no excuse for not teaming about the natural and historic wonders of the state. And don't try to claim that you can't find it. From Columbus, just head in any direction until you run into the blue blazes.

### CAN YOU WALK FOR A DAY WITHOUT SEEING ANOTHER SOUL?

Sure.

### CAN YOU SOMETIMES FIND YOURSELF DODGING CARS IN RUSH-HOUR TRAFFIC?

Well, yes, you can.

## Welcome New Members!

*Bev and Jerry Starcher*

Eileen Barrett	Dayton
Laura Blackson	Garfield Hts
Derrick Bolen and Family	Dayton
Peter and Biruta Briedis	Parma
Aine Donovan	Cuyahoga Falls
Don Erwin	Middleport
Bronson Funke and Family	Lebanon
Wayne Goglin	Marietta
Craig Hester and Family	Liberty Center
Gerald Kalkbrenner	Cincinnati
Joseph Kinzelman	Athens
Beth Laage gift from Eileen Barrett	Cincinnati
Finley Lahmers and Family	Massillon
Robert Longstreth	Cortland
Geoff Marlo	Beloit
Eric Matyac and Family	Medina
Richard Morgan	Orient
Michael Orr	Columbus
John and Eileen Payton	Oberlin
Tim Phillips and Family	Hebron
Brad Polman and Family Hts	Broadview
Linda Rosul and Family	Lakewood
Tom and Koann Rutter	Bowling Green
Kip Shipley and Family	Wadsworth
Marjorie Stocker	Canton
Donald and Rebecca Viebranz	Uniontown
Robert Wittenbach	Sharonville

# Dear Landowner on the Buckeye Trail,

On behalf of the entire Buckeye Trail Association, we want to thank you for allowing the BT to cross your property. One of the primary goals of our association is to get as much of our trail "off-road" as possible, and by letting us use your land you're enabling us to reach that goal.

If you are thinking of selling your land, the Buckeye Trail Association would be very interested in buying it to protect our trail.

There is another way that you can help us protect the trail on your property. Through a "Conservation Easement" you help protect the trail while getting property tax breaks and in some cases, debt reduction, and you still have complete control of your land.

Please check with your legal advisor if you are interested in either of these options. There are also other options we could discuss.

Contact: The Buckeye Trail Association at P.O. Box 254, rthington, Ohio 43085 or Jim Runk at [Jimsrunk@wmconnect.com](mailto:Jimsrunk@wmconnect.com) or 937-289-2481; or send an email to [info@buckeyetrail.org](mailto:info@buckeyetrail.org)

Yours Truly,

*Pat Hayes,*  
President  
Buckeye Trail Association

*Jim Runk,*  
Property Manager  
Buckeye Trail Association



*One Environment...  
One Simple Way to Care for It.®*

Earth Share of Ohio is a great way to donate to the Buckeye Trail Association. ESO represents dozens of local, national and international groups working to preserve, protect and defend Ohio's and the world's environment. ESO's beneficiary organizations are some of the most respected and responsible environmental and conservation nonprofits in the country. You can designate your gift to ESO to benefit the BTA. There are two ways for you to do this:

- First is through your workplace giving program. More than 79 workplaces in Ohio now partner with ESO to offer their employees an environmental choice in their annual workplace giving campaign. Employees can check with their payroll offices or with ESO to determine if they have the option to contribute to ESO. If your workplace already partners with ESO, you'll just need to fill out a pledge form when your campaign runs! If your workplace does not have a giving program or does not include ESO in an existing one you can ask your employer to do so. ESO will help you.
- Secondly, you could give through your United Way Campaign. If your workplace offers a United Way giving drive and your local United Way includes ESO in its list of charities, you can select it from the list.

Using Earth Share Ohio is an easy method for giving to the BTA through payroll deductions.

[www.earthshareofohio.org](http://www.earthshareofohio.org)

## BRAMBLE #50

by Dana Zintek

1. P.O. Box **WRINGOTTHON**  
**W O R T H I N G T O N**
2. Seed Road **NARCO**  
**A C O R N**
3. 1860 Church in B.V. **MEALS**  
**S A L E M**

Winner:  
Ron Aitken, Hebron, Kentucky



**Where did the procrastinating hiker plan to go in the Loveland section?**

**T O M O R R O W**

# BRAMBLE #51

by Dana Zintek

Use the clues to unscramble the  
BRAMBLES about the Buckeye Trail.

For a chance to win the hiking DVD "2000 Miles to Maine",

Send your answers to:

Dana Zintek

2369 Suncrest Drive

Cuyahoga Falls, Ohio 44221

Answers must be postmarked by August 1, 2009.

1. Weekend water

**CRUDESNAKEY**

○	○			○				○		
---	---	--	--	---	--	--	--	---	--	--

2. N.F. wayside

**FLAMENAR**

○	○			○			○
---	---	--	--	---	--	--	---

3. Salt mine

**MRTOON**

○			○		
---	--	--	---	--	--

4. Mi on map

**SLIME**

	○			○
--	---	--	--	---

Now arrange the circled letters to form  
the answer to the cartoon.



*What did the heads of state have  
when they thought they were at the  
top of the mountain?*

□	□	□	□	□
□	□	□	□	□

## Buckeye Trail Association

P.O. Box 254

Worthington, Ohio 43085

CHANGE SERVICE REQUESTED

NONPROFIT ORG

US Postage

PAID

Jefferson, OH 44047

Permit No. 72

The label shows expiration date of  
your membership. Please renew  
before the date indicated.

--